

"An accessible and inclusive community means creating possibilities. It enables people to live their lives according to their individual interests, needs and aspirations, no matter who they are or their circumstances. It means being able to physically move around the community and feel included as a member of the community. It involves access to buildings, festivals, events and open space such as streetscapes and parks, and inclusion in arts and culture, leisure, sports, education, employment and social life."

MURWILLUMBAH - Ph: 02 66702750

- Close undercover, signed parking.
- Universal drop off point for cars and buses right outside the front entrance with ramp access to pool pathway.
- Continuous entrance pathway free from obstructions, with or without steps. No steep slopes.
- Automatic door entry.
- All internal and external pool pathways and floors at same level.
- Two designated change rooms with shower, toilet and hand basin. There is also a change bed for use in one change area. Adjacent to hydrotherapy pool.
- Slide boards are available on request.
- Hydrotherapy pool with a gradual ramp and handrails on both sides which provides easy access into the pool, alternatively there is a submersible wheelchair that can be borrowed from the centre.
- Hydrotherapy pool heated to 34 degrees with non slip floor and hand rails around the pool wall for holding and stabilization.
- Mobility hoist available on request to enter shallow end of 25m and 50m pool in summer.
- Entry/exit climb outs provided on 25m indoor and 50m outdoor pool
- Learn to swim access and inclusion lessons are available on request.
- Fully supervised.



Hydrotherapy Pool

KINGSCLIFF - Ph: 02 66740195

- Close parking adjacent to entrance. Distance of 25m to reception.
- Small ramp access from car park level to pool pathway entrance.
- Continuous concrete pathway to reception, change room and 25m pool.
- No disabled change room.
- Outdoor 6 lane x 25m pool heated to 28 degrees.
- Mobility hoist available on request to enter shallow end of 25m pool, depth 1m.
- Stairs with handrails available on request to enter shallow end of 25m pool.
- Entry/exit climb outs provided at both ends of 25m pool.
- Fully supervised.

TWEED HEADS SOUTH - Ph: 07 55693120

- Parking signed and adjacent to front entrance.
- Slight incline and ramp to pathway.
- Automatic entry door.
- Indoor 6 lane x 25m pool heated to 29 degrees.
- Designated change room with toilet, shower, basin and change chair.
- Stairs with handrails are positioned for easy access to shallow end of 25m pool.
- Mobility lift available on request to enter indoor 25m pool.
- Entry/exit climb outs provided at both ends of 25m pool
- Fully supervised

Mobility Lift

The mobility lifts at TRAC centres are available on request. They are simple to operate, safe and dignified for the occupant. The lift features a contoured seat which travels vertically in and out of the pool and is fully occupant operated. It is advised that you contact the TRAC centre of your choice before arriving to allow time to set the unit in place. You are most



welcome to arrange to see the lift in operation before use. Staff will provide some assistance but it is expected that if your disability requires a care person then they would accompany you to assist. Lift capacity 250kg. More information at: <http://www.greenhousehealth.com.au/>

- Registered care givers are not charged entry fees.
- Concession entry and membership is available.